



Focus East NEWSLETTER

March 2023

Celebrating Black History Month: Field Trip Style



This month Focus East honored Black History month by taking a trip to the National Underground Railroad Freedom Center, where we learned about the borderlands between Ohio and Kentucky, as well as the brave conductors of the underground railroad in the area. Our amazing tour guide took us through a variety of exhibits, ranging from movies, to story quilts, to memorial exhibits that immortalize the names of dozens of enslaved people from the American South. The experience was humbling and informative, and we loved seeing our students so actively engaged in learning!



NEED A FREE PROM DRESS? VISIT YOUR FAIRY GOODMOTHER!

Mark your calendars for March 11-12 and 18-19

Focus East High School students are invited to visit the Fairy Goodmother Cinderella's Closet Boutique at the Worthington Mall to select a free — and absolutely beautiful — gown for the upcoming prom on May 5!

Each young lady is welcome to bring one guest with them to the boutique. Upon arrival, students are assigned a personal shopper to assist them. Shoppers are encouraged to wear camis, tanks, sports bras and/or tights to try dresses on. Only students and female-identifying volunteers will be in the fitting areas.

Online registration is required, and students must present some form of proof that they are enrolled in school — a high school ID, grade card, recent paper or project — to be eligible to receive a gown. Use the QR code below to sign up for an appointment.

Follow Fairy Goodmothers on Instagram at @fairygoodmothers and/or “Like” the organization on Facebook to get the latest information about the Cinderella's Closet Boutique.

Focus Prom 2023 — Hollywood Glam!

Join us on the red carpet for a night of dancing, food, fun & memories!

May 5, 7-10 p.m. — Sonesta Hotel Downtown Columbus





More February Field Trips with Hands On Learning

Another trip our students took this month was the Newport Aquarium, where students and staff alike had the opportunity to learn and observe a variety of unique aquatic animals. Some of the crowd favorites were the sea turtles, the sharks, and the jellyfish. A few students even got to pet a shark or a stingray! The general consensus of the tour was that the students had a blast and even learned a thing or two.



The Science Departments for all Focus schools hosted a STEM field trip to Skate Zone 71 on February 14th. Students participated in a lesson on velocity, as well as some time to test their skating skills.





Staff Spotlight - Meet Karan Hammond

Hello! My name is Karan Hammond, and I am extremely excited to be Focus East's new Student Advocate. I was a NICU nurse for about 15 years, and then went back to school to earn my Masters of Education in School Counseling. I thought I was going to be with elementary aged kids, and then realized my passion was teens. I had the privilege of being part of opening Worthington's similar program, and spent several years there. This last year, I've been in a community counseling position, and very much missed being in school with kids—and along came Focus—so it feels kind of meant to be! Outside of school, I have 3 grown and almost grown children. My youngest is making sure that I check off ALL of the parenting situations, so I get it. I love to read, am trying to re-learn roller skating (pro tip: it's not like riding a bike!), and my gentle giant dog, Aziz (who was trained as a service dog, and then dropped out because he *really* likes his toys). Please do not hesitate to reach out with any questions and/or concerns. My Focus phone extension is 2212, and my email is karan.hammonddunn@focuslearn.org.



CTE Health Science Class - Where You Can Eat Your Assignments!

Mr. Buller's CTE Health Science class has dove into the Nutrition and Wellness standards portion for the 3rd quarter. Students are learning such things as the 6 nutrient categories, serving sizes, portion control, Recommended Daily Allowances, and how this is used to determine energy and caloric levels according to individual needs. In addition, students are learning how to prepare healthy versions of foods they enjoy on their own, then get to enjoy eating their creations.